| WDES | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Week 1 <br> April 22-26 Breakfast | Donut Holes <br> Fruit Juice <br> Fruit Cup <br> Assorted 1\% Milk | Sausage Biscuit <br> Fruit Juice <br> Fruit Cup <br> Assorted 1\% Milk | Apple <br> Strudel <br> Fruit Juice <br> Fruit Cup <br> Assorted 1\% Milk | Pancake/Sausage on a Stick <br> Fruit Juice <br> Fruit Cup <br> Assorted 1\% Milk | Goody Bun <br> Fruit Juice <br> Fruit Cup <br> Assorted 1\% Milk |
| Week 1 <br> April 22-26 <br> Lunch | Meatball Sub Steamed Broccoli Fresh Fruit Fruit Cup <br> Assorted 1\% Milk | Barbeque Whole Grain Bun Baked Beans Fresh Fruit Fruit Cup Assorted 1\% Milk | Chicken Fajita Whole Grain Wrap Cheese\& Salsa Steamed Carrots Fresh Fruit Fruit Cup Assorted 1\% Milk | Oven Roasted Turkey <br> Mashed Potatoes <br> Green Beans <br> Fresh Fruit <br> Fruit Cup <br> Assorted 1\% Milk | Pepperoni Pizza <br> Cheese Pizza <br> Steamed Kale <br> Fresh Fruit <br> Fruit Cup <br> Assorted 1\% Milk |
| Week 2 <br> April 29 - May 3 <br> Breakfast | Cereal Bar <br> Fruit Juice <br> Fruit Cup <br> Assorted 1\% Milk | Minni Cinnis <br> Fruit Juice <br> Fruit Cup <br> Assorted 1\% Milk | Breakfast Pizza <br> Fruit Juice <br> Fruit Cup <br> Assorted 1\% Milk | Lemon Bread Zucchini Bread Fruit Juice Fruit Cup <br> Assorted 1\% Milk | Chicken <br> Biscuit <br> Fruit Juice <br> Fruit Cup <br> Assorted 1\% Milk |
| Week 2 <br> April 29 - May 3 <br> Lunch | Chicken Tenders <br> Buttered Spinach <br> Fresh Fruit <br> Fruit Cup <br> Assorted 1\% Milk | Diced Chicken/Gravy <br> Whole Grain Rice <br> Green Peas <br> Fresh Fruit <br> Fruit Cup <br> Assorted 1\% Milk | Corn Dog Nuggets <br> Steamed Carrots <br> Fresh Fruit <br> Fruit Cup <br> Assorted 1\% Milk | Hamburger Whole Grain Bun Fries Fresh Fruit Fruit Cup <br> Assorted 1\% Milk | Pepperoni Pizza <br> Cheese Pizza <br> Buttered Corn <br> Fresh Fruit <br> Fruit Cup <br> Assorted 1\% Milk |

[^0]The Five Meal Components for School Lunch
Meat or Meat Alternative, Grain, Fruit, Vegetable, Milk
You Choose at least $\mathbf{3}$ including $1 / 2$ cup fruit or vegetable at least 2 other full components


[^0]:    Assorted 1\% Milk served daily

